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Letter from Our CEO

Dear Friends & Supporters,

The year 2018 was another milestone year for Children's Health Fund. **Because of you** we were once again able to grow our reach and impact across the country, providing more services, in more places, to more kids than ever before!

Highlights of 2018 included registering our 4.5 millionth health care visit, adding a new national network program in Puerto Rico, and delivering a new state-ofthe-art mobile medical clinic to our program in Las Vegas, NV. We also rolled out a new oral health effort that emphasized the connection between oral health and a child's overall physical and emotional wellbeing. Finally, we doubled down on our work in mental health and wellness, adding tele-mental health and other targeted services for children needing our care. But we didn't stop there!



**Because of you** we stayed on the front lines of both service delivery and public policy, making sure that the voice of children and families we see every day were heard by lawmakers as they debated health coverage and other critical issues to children's wellbeing.

In the end, we won – *kids won* – and programs such as expanded Medicaid, the Child Health Insurance Plan, Community Health Centers and the National Health Service Corps were all kept intact. With your continued support, we pledge to you that we will, together, make sure that the child health safety net is wide and deep.

The year *Two-Thousand-Eighteen* was also exceptional as in addition to our external growth, we grew as an organization, updating and publishing our Organizational Values. You won't be surprised to learn that the staff and Board of Directors landed on the following values as our core components: Mission Driven; Inclusive; Collaborative; Transparent; and Innovative.

Thank you again for your support of our mission, for your faith and trust in us as an organization, and finally, thank you for helping us continue to go the extra mile to deliver health care to kids living in poverty.

"The time is always right to do what's right" said Dr. Martin Luther King – and because of you, we do that, everyday!

Dennis Walto Chief Executive Officer

Letter from Our Founders

Dear Friends,

This fall it will be some 34 years since the three of us first discussed the idea of creating what was then a unique and highly innovative program designed to provide high quality health care to children living in New York City's vast network of shelters for homeless families. In 1986 we first thought about creating what amounted to a modern, high tech version of the traditional "house call".



In essence, we designed a fully self-contained doctor's office on wheels that care for children in the City's shelters. And the project was an immediate success, parents and children crowding into the mobile clinic on the first day of service at the old Martinique hotel in midtown Manhattan.

And with the help of countless individuals, foundations and corporate partners, Children's Health Fund grew beyond our wildest expectations. By 2020, CHF's fleet has more than 50 of our hallmark mobile clinics serving hard-pressed rural and urban communities across the United States.

And to be sure it's more than medical care that kids in poverty need. With our new Healthy and Ready to Learn program we want to make sure that all children are healthy enough to succeed in school, ready and able to succeed in life.

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Irwin Redlener, MD Co-founder & President Emeritus

Karen Redlene

Karen Redlener Co-Founder & Executive Vice President

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Paul Simon Co-founder

With our deepest thanks.



## Mobile Clinic Brings Care and Comfort to Karla's Kural Town

Ten-year-old Karla and her father Zachary know firsthand the challenges of getting basic medical care in rural Trenton, Tennessee. Zachary has his own remodeling business, but it slows to a standstill in winter. He does not have a car and doctors are about 45 minutes away, so getting Karla to a doctor or dentist is all but impossible. That's why, Zachary explains, having the Memphis Regional Children's Health Project mobile medical clinic come directly to Karla's school is so critical. "It is good for the kids and the parents." And Karla loves it. "Oh, she came home and told us all about it and was so excited."

The clinic is part of a partnership between Children's Health Fund and LeBonheur Children's Hospital. Karla explains, "I was scared the first time I went on but everyone was so nice. I feel happy knowing they're taking care of me." And, like all parents, Zachary has high hopes for his daughter. "I want the world for her. It's very comforting to know that if she needs medical help she has it."

"We're what you think of when you think of small-town America," says Karla's teacher, one of Trenton's four thousand residents. It is a close-knit community where everyone "pretty much knows each other"; in many rural areas of America, it can also mean high unemployment, transportation challenges, food insecurity, and children without access to healthcare.

"Kids in rural communities often lack access to the most basic healthcare: the preventive screenings that are so important in identifying problems early," - *Lisa Dyer, Nurse Practitioner* 

"Kids in rural communities often lack access to the most basic healthcare: the preventive screenings that are so important in identifying problems early," explains Lisa Dyer, nurse practitioner on the mobile medical clinic. And at the over 50 schools, including Karla's, and Head Start Programs they visit, the problems are many. "The level of severity and intensity of health issues that these kids have going on is surprising: the rates of elevated blood pressure, of asthma, of anemia. We have a 50 percent obesity rate. Even a cavity can be a nearly insurmountable problem."

Lisa recounts that one child she examined had a toothache but couldn't see a dentist because her family didn't have a car. The same family frequently didn't have money to buy fruits and vegetables needed for healthy eating. "My heart went out to her because she was just talking so honestly. It wasn't 'poor me.' It was just what she lives with. So many challenges can keep these kids from getting the care we take for granted." Because simply providing referrals to specialists isn't enough, the CHF-supporter team works with families as they navigate services to ensure they get to the care they need, and other community resources.

Karla loves animals and wants to be a veterinarian someday. Thanks to your support she, and many children like her, has a better chance to reach her dreams.

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## GRAINS



With a Little Help, Joseph Turns Stress into Strength A world of positive change is taking place inside a classroom at P.S. 36 elementary school in Harlem, New York City. Students' footsteps echo through the halls as they run to greet Ginelle Wynter, senior site manager for Healthy and Ready to Learn (HRL). Many mornings, Joseph Peña, a boy of seven with dark brown eyes, visits to tell Miss Wynter about what he's looking forward to learning that day. And though he barely reaches her waist, his energy and enthusiasm fill the room.

Joseph wasn't always excited to come to school. He would cry each day after drop-off until soothed by his teacher. Separation was difficult, and school didn't feel quite as comfortable as home. Joseph had trouble focusing and controlling emotions, which caused him to struggle both inside and outside the classroom. But then he started the HRL mental health counseling program.

HRL's mental health counseling is one of several initiatives implemented at P.S. 36 to combat health barriers to learning. These common, manageable health conditions can keep kids from doing well in school, which can set them back for life.

According to the National Alliance on Mental Health, one in five youth and young adults is affected by a mental health condition.

According to the National Alliance on Mental Health, one in five youth and young adults is affected by a mental health condition. In-school supports are therefore essential, and since the counseling occurs in the classroom, parents don't have to miss work or find transportation to take their kids to appointments.

Joseph's separation anxiety, combined with difficulties paying attention and managing his time, caused him significant stress. During the counseling sessions, he received an individualized plan with coping strategies, including breathing, mindfulness, mantras, visualizations, reminders of pleasant memories, and use of soft or textured toys/items.

After a year in the program, Joseph is now able to manage his time. Ms. Peña, Joseph's mom, notes that when he's doing homework, her son is fully engaged, not thinking about playtime or other activities. Joseph tells his mom that "Everything has its own time," words that are wise beyond his seven years. Joseph is also better able to connect with others. Once easily irritable when playing with his six-year-old sister Jocelyn, he is now a patient older brother and role model.

Ms. Peña glows when she discusses the improvements in her son's life. "I hope that every child can learn what my son has: how to manage his emotions and time."

# Browiding Relief

Since Hurricane Andrew in 1992, disaster response has grown into an important component of Children's Health Fund's mission. Whether natural or man made, from major Hurricanes like Katrina, Sandy and Harvey, to the Flint Water Crisis, our knowledge and experience enables us to jump in with agility and compassion to meet the urgent healthcare needs of children and families after a disaster.



Soldiers of 252nd Armored Regiment and 230th Brigade Support Battalion help and their pets across high water on Highway 17 between Wilmington and Bolivia, N.C. on September 18, 2018. Photo by Sgt. Odaliska Almonte, North Carolina National Guard Public Affairs

#### Children's Health Fund and International Medical Corps Join Forces on Florence

In 2018, Children's Health Fund began a partnership with International Medical Corps (IMC), a global humanitarian organization. The combination of IMC's emergency-response capacity and Children's Health Fund's pediatric expertise and mobility enables quick deployment of a mobile medical clinic anywhere in the continental U.S. And in September 2018, that's exactly what we did when Hurricane Florence lashed North and South Carolina with historic rainfall, deadly storm surges, and catastrophic flooding.

Communities across both states were devastated and countless families were left with nothing. The mobile clinic, deployed by Children's Health Fund and IMC to two sites in North Carolina, provided critical assistance to rural and other harder-to-reach communities where shelters were overflowing and delivering emergency care was difficult. The team on the mobile medical clinic was able to serve hundreds of patients affected by a variety of issues, caring for wounds, providing medications, and treating skin and respiratory conditions.

## After Disasters



#### New Medical Clinic Delivers Care to an Island in Recovery

Following the devastation of Hurricane Maria in Puerto Rico there was increased demand for medical services as waterborne and infectious diseases became more prevalent, as well as mental health care as families deal with ongoing trauma and grief stemming from the hurricane's impact. To help meet these needs, Children's Health Fund, together with singer/songwriter Marc Anthony's charity, "Somos Una Voz," contributed a newly upgraded mobile medical clinic to Salud Integral de la Montaña (SIM), a network of local Community Health Centers, where the clinic will be employed.

At Children's Health Fund, we are always looking for new and better ways to bring vital healthcare to children, no matter where they are or how dire the circumstances, so that they can recover quickly and get back to the job of being kids.



Louisiana — Kim Mukerjee, MD (New Orleans); Roberta Vicari, MD (Baton Rouge); Senator Bill Cassidy

Top: Michigan — Dennis Johnson (CHF); Senator Debbie Stabenow Bottom: Idaho — Senator James E. Risch; Adam Hodges, DDS; John Decarvalho (CHF)

Protecting the Rights of Children

The year 2018 was an important one for Children's Health Fund's advocacy work. Over the past 30 years — through the success of programs like the Child Health Insurance Program and Medicaid — we have seen unprecedented and increasing levels of health insurance coverage for kids. But 2018 brought extraordinary attacks on these and other programs that together comprise the "Child Health Safety Net." In response, Children's Health Fund redoubled our advocacy efforts to preserve and extend these hard-won gains.

#### **Public Support for Children & Families**

The failure to pass a budget in 2017 led to 100 days of lapsed funding for the Child Health Insurance Plan (CHIP), Community Health Centers, and the National Health Service Corps. All three of these programs are vital to the children and families Children's Health Fund serves.

CHIP provides nearly nine million kids with insurance coverage; Community Health Centers are the backbone of the health system infrastructure for poor children and families; and the National Health Service Corps deploys providers to health professional shortage areas. Full funding of these programs was finally restored in 2018, but not before families were thrown into crisis over the future of their healthcare. Children's Health Fund took a leadership role in advocating for full funding of these essential programs; we ultimately won a solid victory for children as funding was restored.



Mississippi — Aurelia Jones-Taylor, MBA; Irwin Redlener, MD (CHF); Legislative Assistant Tyron James in the Office of Congressman Bennie G. Thompson

#### The 2018 Midterm Election – Pro Child or Just Kidding?

The 2018 mid term elections were an opportunity to advocate for policies that would put children's issues back on the agenda. According the Children's Budget Report for 2017, children and children's programs accounted for about 8 percent of the federal budget—a 5.5.percent decrease from 2014. The goal of our work around the midterms was to define, from the point of view of our front-line health providers, issues that needed to be addressed by "pro child" candidates. These issues included recognition of the importance of the critical trifecta of universal healthcare insurance coverage for children, full funding to address medical provider shortages in healthcare deserts, and full funding for community health centers. We also voiced support for policies that ensured the safety and security of children in our schools, including support for gun safety. Children's Health Fund does not endorse or support political candidates, but we do ask questions that help voters know who is really "pro-child," and who is "just kidding".

#### **Spring Conference**

At our annual spring conference, healthcare leaders from across our national network held 72 meetings on Capitol Hill to urge lawmakers to prioritize those issues that most matter to the wellbeing of children. These included the importance of Medicaid and the need to maintain its structural integrity; and the need for lawmakers to stand by the terms agreed upon on the budget deal to fully fund these programs, including the extension of CHIP by 10 years. The meetings were impactful with children's health issues being supported by both sides of the aisle.

## National Network







### More than a Bus Driver



CHF's mobile clinic drivers do so much more than sit behind the wheel. They are a critical part of every mobile medical team and, as the first face families see when they come aboard, help build trust so children feel comfortable. They will even help medical staff with inventory, registering patients, and more. Larry Smith is the driver of the mobile medical clinic at the Children's Health Project of D.C. "Mister Larry," as he is affectionately known, has a boundless love for his job and his community. And as a welcoming and familiar face for a decade, he is a reassuring presence for the families we serve. "I like to keep people laughing and I love kids. I love watching children grow up healthy." The more critical our work is, the more gratifying it is. "We go into neighborhoods where they don't have transportation at all. Sometimes the bus lines don't go through. I love to go out and help them."

## **Miguel Helps Families Beyond the Clinic Doors**



There are people who go above and beyond and leave a lasting imprint on their communities, and there is no better example of this than New Orleans Children's Health Project Case Manager Miguel Alonso Solares. Like all CHF case managers, he supports patients in so many ways: from scheduling appointments, to conducting health screenings, to translating, and much more. But Miguel knows that our families' needs extend beyond healthcare at the clinic. On any given day, he meets these needs by navigating a complex healthcare system to get a sick child to a specialist; addressing homelessness; delivering wheelchairs; or screening children for food insecurity and other "invisible" issues.

## All Children

### **Telehealth Brings Care to Every Corner**

Our Samsung-funded, innovative telehealth program allows health care providers, right from their offices, to "see" kids where they live, learn, and gather. Connecting doctors to patients via video means families don't have to find transportation, travel long distances, and miss work and school. In 2018, in collaboration with Columbia University Mailman School of Public Health, we evaluated the effectiveness of telehealth, and the results are promising: telehealth is a crucial component of the care we provide. Of the patients surveyed, nearly 50 percent had no idea where they would go for care if the service were not available, and 66 percent reported that it enabled them to spend more time in school and less time seeking medical help. Thirty-one percent of CHF programs around the country use telehealth to deliver services.



### More Care for Nevada's Kids with Red Nose Day

Just in time for Red Nose Day, Children's Health Fund and Nevada Health Centers celebrated the expansion of our partnership with the unveiling of a new mobile medical clinic built with funds from Comic Relief USA. The mobile medical clinic made a two-thousand-mile journey from Ohio to Nevada, stopping along the way to visit other Red Nose Day partners. CHF estimates that this new mobile medical unit will increase Nevada Health Centers' reach to more than 15,000 children and young people annually!

To view a video highlights of the mobile unit's journey across the U.S. visit **youtu.be/mobileunitjourney**.



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## H&M's Holiday Gift to Kids

H&M Foundation has supported the Children's Health Fund Healthy and Ready to Learn initiative since its launch in 2014. In celebration of the holiday season in 2018, H&M launched the Gift Card that Gives Back campaign, during which H&M donated 5% of the value of every gift card purchased to Children's Health Fund, raising \$500,000!



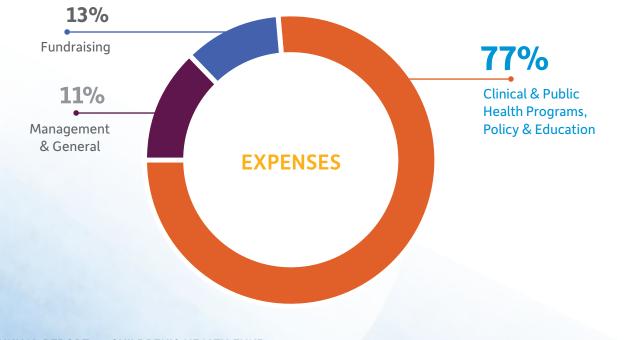
## **Guarding Smiles to Keep Kids in School**

Dental health problems cause many kids to miss too many days of school, negatively impacting their academic performance. To address this preventable problem, Guardian Life Insurance Company of America® and Children's Health Fund have partnered to provide high-quality dental care and education to children in underserved communities across our National Network. Guardian's two-year \$1 million commitment will increase access to dental care and the Guardians of the Smile school programming will teach children and their families the importance of good oral health habits in five programs across the country.

Statement of Revenue & Expenses

#### **EXPENSES**

National Programs	\$ 4,368,424		
New York City Programs	\$ 2,401,343		
Public Health & Crisis Response	\$ 884,026	Fundraising	\$ 1,259,849
Education	\$ 1,423,440	Management & General	\$ 1,517,513
Total Program Services	\$ 9,077,233	Total Expenses	\$ 11,854,595
		Net Decrease in Funds	\$ -855,990
		Net Assets beginning of year	\$ 6,756,701
Contributions		Net Assets END OF YEAR	\$ 5,900,711
Foundations	\$ 7,570,888		
Corporations	\$ 548,576		
Individuals	\$ 1,720,717		
Government Grants	\$ 750,000	Interest & Dividends, and gains of investments	\$ -243,200
Special Events	\$ 651,623	and gains of investments	
Total Revenue Raised	\$ 11,241,804	Total Revenue	\$ 10,998,604





Hervé Sedky and Paul Metselaar; 2 Marc Costantini and John Decarvalho; 3 Julianne Moore and Irwin Redlener, MD
David Dines, MD; Karen Redlener; Judi Dines; 5 Guest; Dennis Walto; Louise Parsley; 6 Jane Pauley and Mayor David Dinkins

## A Fall Celebration with Julianne Moore

On November 27, 2018, Children's Health Fund held our annual Fall Reception at Upper Story by Charlie Palmer in Manhattan. The event was hosted by Oscar-award winning actress and Children's Health Fund Advisory Board member Julianne Moore. In a heartfelt speech, Moore shared that her experience as a mother inspired her devotion to CHF and her commitment to maternal health, particularly for mothers experiencing homelessness and those without access to quality healthcare. Attended by friends and long-time supporters of Children's Health Fund, including Advisory Board Chair Jane Pauley and Mayor David Dinkins, the evening recognized the organizations accomplishments throughout the year.

### Partying for a Cause

For its seventh year in a row, Children's Health Fund hosted an event for young professionals to mix and mingle all while getting connected with our cause. The event took place at FISHBOWL in the iconic Dream Hotel Midtown. This hip nightclub, and the desire to help children, brought in a record number of young professionals. Guests were offered the chance to enter a contest to compete in various games against our celebrity guest of honor, NFL defensive end Kerry Wynn.



1 Cincinnati Bengals defensive end Kerry Wynn and Wenimo Okoya of CHF; 2 young professionals enjoy the evening











1 Alan Shapiro, MD; 2 Beth Chase and Clive Davis; 3 Dennis Walto; Aurelia Jones-Taylor; Sherry Pudloski; Jane Pauley; 4 Karen Redlener; the Honorable Olly Neal; Aurelia Jones-Taylor; Irwin Redlener, MD; 5 Antonia Hylton; 6 Brian Newman



## Children's Health

## Four Million Visits, 31 Years, and One Continuing Mission

On June 13, 2018, friends and supporters of Children's Health Fund gathered at Cipriani 42 for our Annual Benefit celebrating our 31st year. And a remarkable year it was, serving more children in more places than ever before—a year when we reached the milestone of delivering our four-millionth doctor visit!

The evening's festivities, hosted by *VICE News Tonight* correspondent and producer Antonia Hylton, included live performances by the Young People's Choir of New York City and jazz trumpeter and vocalist Brian Newman. We presented the Honorable David N. Dinkins with the American Heroes for Children Award for his lifelong dedication to the well-being of children, and his unflagging friendship to Children's Health Fund. Other highlights included the presentation of the Founders Award to board member Sean Cassidy and the corporate award to Guardian Life Insurance Company of America for their \$1 million commitment to providing much needed dental care to children and truly giving them something to smile about.

In honor of our co-founder, we introduced the Irwin Redlener Award for Innovation and Advocacy, recognizing leaders in our programs whose dedication and ingenuity drive our organization. The inaugural award was given to Senior Medical Director of CHF's New York Program Dr. Alan Shapiro for the dedication he has shown to keeping children in the South Bronx and across New York City healthy for nearly 30 years.

The evening was a joyous celebration of all that we are able to do with invaluable help from our friends. As Children's Health Fund's CEO Dennis Walto put it,

#### "Knowing that we are not alone, knowing that we have your support, inspires us to keep driving our mission forward."



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