

National **Network**

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SAN FRANCISCO Children's Health Project

The San Francisco Peninsula Children's Health Project (SFPCHP) provides comprehensive medical care to homeless and uninsured adolescents aged 10-25. Although there are many affluent communities in Santa Clara, San Mateo, and San Francisco counties, the number of homeless youth is tragic: an estimated 3,000 in San Francisco, 1,500 in Santa Clara County and 500 in San Mateo County. Many of these young people are in crisis and their numbers grow as the cost of housing soars in this area and jobs for young people with minimal skills are hard to find.



Serving Communities in Need

The demographic breakdown of SFPCHP patient population are: 40% female, 57% male; 63% ages 12 - 19; and 37% 20 and over; 57% Latino, 43% non-Latino, 72% white, 2% African American, 17% Asian, 5% Pacific Islander, and 4% mixed/other. Because the target patient population is uninsured adolescents, 95% of patients seen by the SFPCHP are

uninsured. These young people present with multiple and complex medical, nutritional, and psychosocial issues, including malnutrition, missed immunizations, poly-substance abuse, high-risk sexual activity leading to STDs and unplanned pregnancies, mental health problems such as depression and anxiety disorders, untreated illnesses that have become more difficult and expensive to treat due to lack of prevention and early intervention, acute and chronic illnesses exacerbated by lack of medications, and an inability to access comprehensive health care services.

Available Services

- Comprehensive primary care, including physical examinations;
- Management of acute and chronic illnesses;
- Women's health and family planning;
- Nutrition assessment and counseling;
- Health education and health promotion;
- Mental health counseling and case management;
- Substance abuse counseling;
- HIV testing and counseling;
- STI diagnosis and treatment;
- Immunizations; and
- Psychiatry consultation.

PROGRAM FACTS

Home Institution/Affiliation:

Lucile Packard Children's Hospital Stanford: Stanford Children's Health

Year Established:

September 1995

Electronic Health Records Implemented: 2006

STAFF

Medical Director:

Seth Ammerman, MD

Practice Manager:

Jodi Kazemini

Pediatric Nurse Practitioner:

Lisa Lestishock, MSN, PNP

Registered Dietitian:

Melinda Mount

Licensed Clinical Social Worker:

Paty Soto-Minder, LCSW

Assistant Clinic Manager:

Rosa Maldonado

Program Sites

The SFPCHP operates two days per week providing comprehensive services at locations throughout San Francisco, San Mateo, and Santa Clara Counties. In San Francisco City and County, the following locations are visited: the Tenderloin Achievement Group; in San Mateo County, Peninsula High School (San Bruno) and East Palo Alto High School (Menlo Park); and in Santa Clara County, Alta Vista High School (Mountain View), Los Altos High School (Los Altos), San Jose Convservation Corps Charter School, and LGBTQ Youth Space.