



**Children's Health Fund**

# National Network

22 programs and 2 affiliates in 16 states and the District of Columbia



## San Francisco Peninsula Children's Health Project



The San Francisco Peninsula Children's Health Project (SFPCHP) provides comprehensive medical care to homeless and uninsured adolescents aged 10 – 25. Although there are many affluent communities in Santa Clara, San Mateo, and San Francisco counties, the number of homeless youth is tragic: an estimated 3,000 in San Francisco, 1,500 in Santa Clara County and 500 in San Mateo County. Many of these young people are in crisis and their numbers grow as the cost of housing soars in this area and jobs for young people with minimal skills are hard to find.

### Serving Communities in Need



The demographic breakdown of SFPCHP patient population are: 75% female, 25% male; 39% between 18 and 21 years old, and 15% older than 21; 46% Latino, 14% non-Latino Caucasian, 6% African American, 18% Asian, 7% Pacific Islander and 5% mixed. Because the target patient population is uninsured adolescents, 95% of patients seen by the SFPCHP are uninsured. These young people present with multiple and complex medical, nutritional, and psychosocial issues, including malnutrition, missed immunizations, poly-substance abuse, high-risk sexual activity leading to STDs and unplanned pregnancies, mental health problems such as depression and anxiety disorders, untreated illnesses that have become more difficult and expensive to treat due to lack of prevention and early intervention, acute and chronic illnesses exacerbated by lack of medications, and an inability to access comprehensive health care services.

### Available Services

- Comprehensive primary care, including physical examinations;
- Management of acute and chronic illnesses;
- Women's health and family planning;
- Nutrition assessment and counseling;
- Dental hygiene;
- Health education and health promotion;
- Mental health counseling and case management;
- Substance abuse counseling;
- HIV testing and counseling;
- STI diagnosis and treatment;
- Subspecialty, social service, and dietitian referrals;
- All needed medications given free of charge at the time of the visit;
- Immunizations; and
- Psychiatry consultation.

### Program Sites

The SFPCHP operates two days per week providing comprehensive services at locations throughout San Francisco, San Mateo, and Santa Clara Counties. In San Francisco City and County, the following locations are visited: the Indochinese Housing Development Corporation in the Tenderloin neighborhood; in San Mateo County, Peninsula High School (San Bruno) and East Palo Alto High School (Menlo Park); and in Santa Clara County, Alta Vista High School (Mountain View), Los Altos High School (Los Altos), San Jose Conservation Corps Charter School, and Billy DeFrank Community Center.

## PROGRAM FACTS

### Home Institution/Affiliation:

Lucile Packard Children's Hospital at Stanford

### Year Established:

September 1995

### Electronic Health Records Implemented:

2006

### STAFF

#### Medical Director:

Seth Ammerman, MD

#### Executive Director:

Candace Roney

#### Pediatric Nurse Practitioner:

Lisa Lestishock, MSN, PNP

#### Registered Dietitian:

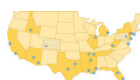
Melinda Mount

#### Licensed Clinical Social Worker:

Paty Soto-Minder, LCSW  
Meg Farquar, LCSW

#### Assistant Clinic Manager:

Rosa Maldonado



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